

TBI & IPV

SUPPORTING SURVIVORS OF TRAUMATIC BRAIN INJURY
AND INTIMATE PARTNER VIOLENCE

* information provided by: www.abitoolkit.ca

Up to
75%
OF SURVIVORS
OF IPV
have possible brain injuries

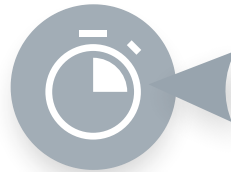
1 in 3 women globally
experience abuse

Best Practices



Asking the right questions

Ask what the person understood, not if they understood. Ask if you can support them by providing summaries of meetings.



Watch the clock

Be mindful of time. The length of meetings and time of day can impact an individual's ability to retain information.



Keep things simple

Keep things simple. Use tools such as lists, calendars, or journals to help them remember key points of a meeting.

Who can help?

- **Physical Therapists** – Help with physical abilities
- **Occupational Therapists** – Help with daily activities
- **Speech Language Pathologists** – Help with communication and cognition
- **Brain Injury Coordinator/Navigator** – Help people adjust to life with a brain injury and get connected to services

What can we do?

Create a calm, quiet spaces with soft lighting. Consider shorter, focused meetings, and offer memory aids for appointments and daily tasks to enhance comfort and support

Up to **92%** of IPV assaults involve strangulation and/or hits to the head and face, often resulting in brain injury.



Experienced a brain injury?
Contact the Brain Injury
Association of Niagara
905-646-2426

Experiencing abuse?
Contact Birchway Niagara
24/7 Support Line
905-356-5800
Call or text.



Birchway
N I A G A R A